

Your trainers



Ingo Stafehl

Former World Cup fencer, individual runner up in the GDR & bronze medalist, former coach at BLZ Bonn, Certified head coach at ETUF Essen for 24 years



Daniel Nivard

former World Cup fencer, bronze medal winner Netherlands foil & sabre, former national coach Netherlands, coach at SchermCentrum Amsterdam for over 20 years



Wojtek van Barneveld

experienced international fencing coach for 20 years, various coaching positions in Germany and abroad, former national coach of the Netherlands, head coach at TSC Eintracht Dortmund since 2022

We look forward to see you

Training facility

ETUF e.V.

Freiherr-vom-Stein-Straße 204A

45133 Essen

Contact

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more information: levelupfechtcamp.de



LEVEL UP FENCING CAMP

AT BALDENEYSEE | ESSEN

13. - 17.10.2025



Most important informationen for you

The Level-Up Fencing Camp is aimed at ambitious tournament fencers and aims to take participants to the next level through intensive, performance-oriented fencing training. Over five days, fencers can expect daily lessons, electric fencing, and training sessions in athletics and footwork - supervised by three experienced coaches. Evening or night supervision and accommodation are not included. See the website for hotel recommendations.

www.levelupfechtcamp.de

13.10. - 17.10.2025

Foil fencers U13 | U15 | U17

daily from 09:00 a.m., 10:00 a.m. Start of training until 06:00 p.m. / Fr until 04:00 p.m.

Mo, 13.10.2025

meeting from 09:00 a.m. / Fencing hall on the grounds of ETUF e.V., at 10:00 a.m. start of training.

Fr, 17.10.2025

The Fencers can be picked up at the fencing hall from 04:00 p.m. We would like to invite you to enjoy some light snacks and refreshments from 04:15 p.m.

Fees

400 € including drinks and lunch

Equipment

Each participant must bring their own fencing equipment, sufficient sportswear/change clothes and a positive attitude. In addition, participants must bring their ID card, health insurance card, and license.

Location



The ETUF e. V. training ground is picturesque located directly on the shores of lake Baldeney in Essen. Surrounded by nature, it offers ideal conditions for sporting activities on the water and on land. The modern infrastructure and quiet location make the site a popular meeting place for training, competitions, and joint events.

Catering

After an intensive morning full of training sessions, it's time for a well-deserved lunch break. Together we enjoy a balanced, energy-rich meal - from light salads to warm dishes, there is something for everyone. This allows us to start the afternoon feeling refreshed and focused. Please be sure to inform us in advance in writing of any food intolerances, allergies, or vegan/vegetarian preferences.



Timetable

13.10.2025

from 09:00 a.m. meeting | fencing hall ETUF e.V.
10:00 a.m. training
01:00 p.m. lunch
02:00 p.m. training
06:00 p.m. end

14./15./16.10.2025

from 09:00 a.m. meeting
10:00 a.m. training
01:00 p.m. lunch
02:00 p.m. training
06:00 a.m. end

17.10.2025

from 09:00 a.m. meeting
10:00 a.m. training
12:30 a.m. lunch
01:30 training

04:00 p.m. end of the event, followed by light refreshments and drinks with family and friends to round off a great week | Fencing Hall ETUF

more Key-Facts

Supplier „Leon Paul“

There will be a Leon Paul stand with all the necessary fencing equipment available for purchase

Registration

via anmeldung@levelupfechtcamp.de
via fencing.ophardt.online/de/widget/event/32979
via levelupfechtcamp.de

Please transfer the camp fees to the following account:

ETUF e. V. Fechtriede
National-Bank AG Essen

DE33 3602 0030 0001 2612 23

Purpose: First and last name of the fencer + LevelUp Fencing Camp